



## Air fryer – 8,0L



USER MANUAL - BRUKSANVISNING - BRUKSANVISNING - KÄYTTÖOHJE -  
BRUGSANVISNING

READ ALL INSTRUCTIONS BEFORE USE. SAVE THESE INSTRUCTIONS FOR  
FUTURE REFERENCE

LES ALLE INSTRUKSJONENE FØR BRUK. TA VARE PÅ DISSE INSTRUKSJONENE  
FOR FREMTIDIG BRUK

LÄS ALLA INSTRUKTIONER FÖRE ANVÄNDNING. SPARA DESSA  
INSTRUKTIONER FÖR FRAMTIDA BRUK

LUE OHJEET ENNEN KÄYTTÖÄ. SÄILYTÄ NÄMÄ OHJEET MYÖHEMPÄÄ  
TARVETTA VARTEN

LÆS HELE VEJLEDNINGEN FØR BRUG. OPBEVAR DENNE VEJLEDNING TIL  
FREMTIDIG BRUG

## 1. AIR FRYER INFORMATION

Your new air fryer allows you to prepare your favorite ingredients and snacks in a healthier way.

The air fryer uses hot air in combination with high-speed air circulation system (rapid hot air) and a grill function to prepare a variety of tasty dishes in a healthy, fast and easy way. Your ingredients are heated from all sides at once and there is no need to add oil to most of them.

## 2. SAFETY MEASURES

Read this user manual carefully before using the appliance and save it for future reference.

### 2.1. Danger

- Do not immerse the housing in water or rinse with running tap water, as it contains electrical components.
- Do not allow water or other liquid to enter the appliance in order to avoid the risk of electric shock.
- Always put the ingredients to be fried in the basket in order to prevent it from coming into contact with the heating elements.
- Do not cover the air inlet and outlet openings while the appliance is in operation.
- Do not fill the basket with oil, as this may cause a fire hazard.
- Do not touch the inside of the appliance while it is in operation.

### 2.2. Warning

- This appliance is not intended for use by persons, including children, with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning the use of appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.
- Check if the voltage indicated on the appliance corresponds to the mains voltage before connecting the appliance.
- Do not use the appliance if the plug, the mains cord or the appliance itself are damaged.
- If the mains cord is damaged, you must have it replaced by the manufacturer.
- Keep the mains cord away from hot surfaces.
- Do not plug in the appliance or touch the control panel with wet hands.

- Only connect the appliance to an earthed wall socket. Always make sure that the plug is connected to the wall socket properly.
- Never connect this appliance to an external timer switch or separate remote-control system in order to avoid a hazardous situation.
- Do not place the appliance on or near combustible materials, such as tablecloths or curtains.
- Do not place the appliance against a wall or against other appliances. Allow a minimum distance of 10cm on the back and sides, and other 10cm of distance in the upper part of the appliance. Do not place anything on top of the appliance.
- Do not use the appliance for any other purpose than described in this manual.
- Do not let the appliance unattended while in operation.
- During operation, hot steam is released through the air outlet openings. Keep your hands and face at a safe distance from the steam and the air outlet openings. Also, beware of hot air and steam when removing the cooking tray from the appliance.
- The most accessible surfaces may become hot during use.
- Immediately unplug the appliance if you see dark smoke coming out of the appliance. Wait until smoke emission stops before removing the cooking tray from the appliance.

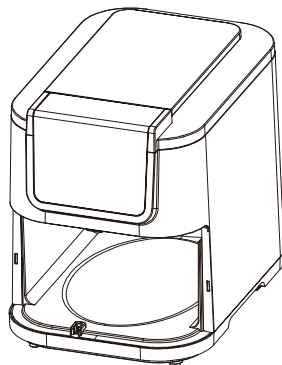
### **2.3. Caution**

- Place the appliance on a horizontal, flat and stable surface.
- This appliance is only intended for household use. It is not designed to be used in some environments, such as shops of home appliances, offices or work environments. It is neither intended to be used by clients in hotels, bed and breakfasts and other residential environments.
- If the appliance is used improperly, for professional or semi-professional purposes or if it is not used according to the instructions in the user manual, the guarantee shall become invalid and we could refuse any liability for damages caused.
- Always unplug the appliance after use.

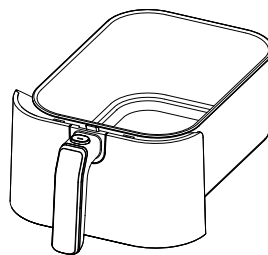
- Let the appliance to cool down for approx. 30 minutes before using or cleaning.
- Make sure the ingredients prepared in this appliance come out golden-yellow instead of dark or brown. Remove burnt food scraps.
- The appliance has a micro-switch inside so that, when pulling out the cooking tray during operation, the appliance will be shut-off automatically.

### 3. PRODUCT DESCRIPTION

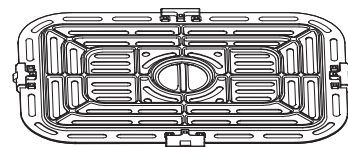
#### 3.1 Product



**Main Unit**

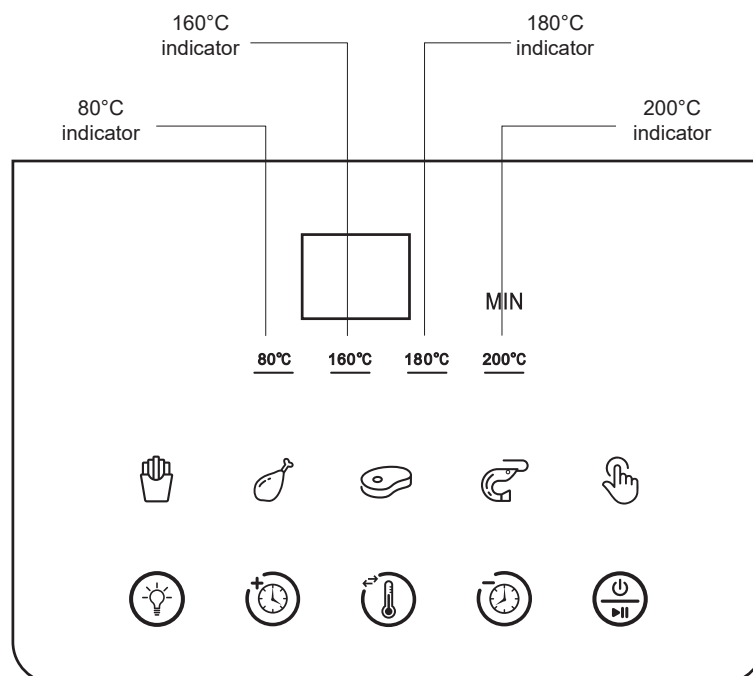


**Basket**




**Crisper plate**


#### 3.2 Control Panel







#### POWER ON

Press  to power on. A short beep will sound and the air fryer will first go into default mode.


## SETTING THE TEMPERATURE

- After power on for 1sec, press  to enter the function selection mode.
- Mode selection: Press the cooking icon on the panel and the cooking icon selected will flash.




## SETTING THE TIME

Press  or  to set the time. A short press changes the time by 1 min and lets out a short beep. When you press  or  for over 1sec, the time changes more quickly (5 times per second). The step of fast adjustment is 5 min. The time range is 1–60 min. You can set the time both in the menu selection mode and working state. When setting the time, the corresponding time will be displayed.


## SETTING THE TEMPERATURE

1. Press  to set the temperature 80°C, 160°C, 180°C, 200°C.
2. You can set the temperature both in the menu selection mode and working state. When setting the temperature, the corresponding temperature will be displayed immediately.


## START/PAUSE

In the function selection/pause state, click  to enter the working mode,  is solid white in the working state, the selected menu icon is always on, Press the  button to start cooking and press again for Pause.






## POWER OFF

If you want to power off the air fryer in middle of air frying press the power icon  for 2 seconds.

## LIGHT

Press the light icon  to turn on or turn off the light.

### 3.3 Control panel settings

Mode	Temperature (°C)	Time(Min)	Time Range
French Fries 	200°C	20	1-60min
drumsticks 	200°C	25	1-60min
Steak 	180°C	15	1-60min
shrimp 	180°C	10	1-60min
DIY 	80°C	10	1-60min

#### TIPS:

- The above recipes are for reference only, please set the time and temperature you want according to the amount of food, size, thickness, recipe or personal preference.
- Before baking food, it is recommended to preheat the air fryer before starting to bake.

#### 4. FIRST USE

- Remove all packaging material.
- Remove any stickers or labels from the appliance.
- Thoroughly clean the basket and crisper plate with hot water, some washing-up liquid and a non-abrasive sponge.
- Wipe the inside and outside of the appliance with a damp cloth.

***This is an air fryer that works with hot air. Do not fill the cooking tray with oil or frying fat.***


#### 5. PREPARATION BEFORE USE

- Place the appliance on a stable, horizontal and flat surface.
- Do not place the appliance on surfaces that are not heat resistant.

**Note:** the basket MUST be put into the appliance properly. Otherwise, the appliance will not work.

- Take the mains cord and plug it into the wall socket.
- Do not fill the basket with oil or any other liquid.
- Do not put anything on top of the appliance.
- Do not put anything on the air inlet located on the top of the appliance and on the backside air outlet. This disrupts the airflow and affects the hot air frying result.

#### 6. USING THE APPLIANCE

1. Hold the basket handle and press the basket release button, pull the basket out.
2. Place the ingredients in the basket.
3. Push the basket into the fryer after adding ingredients, making sure the fryer lock hook locks the fryer tightly.
4. Insert the plug into the socket, Press the on/off button to enter into standby mode.
5. Select the cooking program through the display panel, and change time and temperature as required. Then press the  to start cooking.
6. All cooking programs have a shaking reminder (the set time must be more than 6 minutes). When 2/3 of the cooking time has passed, the shake reminder will sound four beeps. Shake the food and then place the basket in the air fryer to continue cooking.
7. When the food finishes cooking, the machine will beep 5 times and switch off automatically. Press the basket release button to carefully remove the basket, hold the handle of the basket to pour out the food and serve.

## 7. TROUBLESHOOTING

Problem	Possible Cause	Possible Solution
Food is overcooked/burnt.	Cooking temperature is set too high.	Check cooking temperature and lower the thermostat accordingly.
	Cooking time is too long.	Check cooking time of the food and be aware the air fryer may cook quicker than conventional ovens.
Food is undercooked.	Cooking temperature is set too low.	Check cooking temperature and increase accordingly.
	Cooking time is too short.	Check cooking time and increase the cooking time accordingly.
	The Air Fryer basket has been overfilled.	Ensure that the Air Fryer basket is not filled to the brim leave 3-4cm area free for the air to circulate.
Unit does not power up.	LED Digital Display is not illuminated.	Press the Power button on the control panel.
	No power to Air Fryer.	Check that the mains plug is inserted into the socket and the socket is switched on (if applicable).
	The Air Fryer basket is not inserted or fully pushed home	Ensure the basket is inserted and fully pushed home.
Burning smell from unit.	Food trapped under crisping plate.	Ensure Air Fryer basket and crisping plate are clean.
	Previous food remains on Air Fryer basket or crisping plate	

## 8. CLEANING

- Clean the appliance after every use.
- Do not use metal kitchen utensils or abrasive cleaning materials to clean both cooking tray and basket, as these may damage the non-stick coating.
- Remove the mains plug from the wall socket and let the appliance to cool down.  
Note: Remove the cooking tray to let the air fryer to cool down more quickly.
- Wipe the outside of the appliance with a damp cloth.
- Clean the cooking tray and basket with hot water, some washing-up liquid and a non-abrasive sponge. You can use a degreasing liquid to remove any remaining dirt.

**Tip:** If dirt is stuck into the basket or the bottom of the cooking tray, fill the cooking tray with hot water with some washing-up liquid. Place the basket in the cooking tray and let soaking for approximately 10 minutes.

- Clean the heating elements with a cleaning brush to remove any food scrap.

## TECHNICAL SPECIFICATIONS:

- Model 31207
- Voltage: 220-240V
- Frequency: 50/60Hz
- Power: 1,700W

## DISPOSAL OF ELECTRICAL AND ELECTRONIC EQUIPMENT (WEEE)

This symbol on the product or in the instructions means that the electrical and electronic equipment according to the European directive (WEEE) must be disposed of separately from other household waste, as they can be harmful to the environment. The countries in the EU have waste collection systems. Contact your local dealer of authority for more information.



**Importer/Manufacturer:**  
F&H Group A/S  
Gl. Skivevej 70  
DK-8800 Viborg  
DENMARK

